



Race Date: 3/17/18



5th Annual
Senior Shuffle 5K Run/Walk
Race Time: 8:30
Race day registration: 8:00 to 8:20

All proceeds will benefit the Adamsville High School Class of 2018's Project Graduation event
REGISTRATION: Pre-register now through March 9th to be guaranteed a Race T-Shirt: \$20

Mail Completed Forms and Checks to:
Adamsville Jr/Sr High School
C/O Andrew Walz
PO Box 407
Adamsville, TN, 38310

For information about the race, or to learn how to sponsor the race (and get your business's name on the t-shirt) call or text Andrew Walz at (731) 400 0295
Race site: The Marty Community Center, Park Ave, Adamsville, TN
For GPS directions, use 409 Park Ave, Adamsville, TN, 38310 for Adamsville Healthcare and Rehabilitation Center located right next to the Marty

Cash Prizes: 1st, 2nd, and 3rd place finishers for both males and females
Medals: Top overall male and female racers, and top 3 male and female racers in each category:
9 & under; 10-14; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+

Name: _____ Male _____ Female _____

Address: _____ City: _____ State _____

Phone: _____ Email: _____

T-Shirt Size: Circle one : YL SM MED LG XL 2X

Race Participant Waiver: I know that running in a 5K is potentially hazardous. I should not enter and run in such activities unless I am medically able and properly trained. I assume all risks associated with running in the race, including but not limited to falls, contact with other participants, the effects of the weather, the conditions of the road, and the traffic on the course. All such risks are known and appreciated by me. In acceptance of this entry, I waive any and all claims for myself and my heirs against officials and/or sponsors of the 2018 Senior Shuffle, Adamsville High School Project Graduation, Adamsville High School, and other agents and representatives affiliated with this race.

Signature: _____ Date: _____